

WANTS/DESIRES/DREAMS

You now have an overview of what your life looks like today. You have dreamt about what you want most, and you should be able to come up with some things you really want (in life). These can be short term, long term and anything in-between.

Remember this is YOUR life and you get to do what you want with it. So, what do you want?

There are 8 spaces below where you can write down your Wants, Desires and Dreams. Don't stress about the size of them, or how you are going to get them...just write them down. It's fine if you can't think of 8 things, just write down what comes to mind. If you want some inspiration, look back at your MY LIFE section and create one from each area.

1.
2.
3.
4.
5.
6.
7.
8.

Now that you have some things you want (goals)...let's break them down into, manageable steps...