

## DARE TO DREAM

Do you remember a time when anything was possible...Life was an adventure and you were up for any challenge...Nothing could hold you back?

It may have been when you were just getting out of high school, and the world was yours for the taking, or when you graduated from college, and you were going to rise to the top of your industry. Maybe your dream was to take off and travel the world. Maybe you have a passion for helping others and that is your mission in life. It could have been last week when you thought, "it's time to stop dreaming and start doing!"

Take a moment, close your eyes, and imagine a world where you can go and do anything you wish. There are no financial restraints or responsibilities. There is nothing holding you back!

With this frame of mind, take 5 minutes or so, and write! Write anything and everything that comes to mind. This is a free write, so once you put pen to paper, try not to stop writing...you want a stream of consciousness on paper. Don't judge or worry about what others would think. This is your chance to do anything you want. So, have fun and dream big!